

OSC



OAKVILLE
SOCCER
CLUB



Oakville Soccer Club
Rep Development Program

2011 | 2012

A Professional Training Environment For Top Talent To Grow

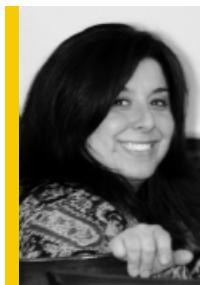
Putting the player first in competitive community soccer.

As a parent of a talented soccer player, you want the best for your child. You want them to develop. You want them to succeed. But above all, you want them to be happy and to continue to enjoy the game of soccer as much as they do today.

To achieve this, you know that a strong Rep program is more than about who wins what game. It comes down to the quality of coaching, training and player development that truly brings out the best in your child, giving them a foundation to be successful in whatever they do in life, soccer or not.



At Oakville Soccer Club, we understand that a strong Rep program starts with an unwavering focus on the player and their development. It's the primary guiding principle in our entire Technical Development Plan. We don't measure our success by how full our trophy cabinet is. Is your child developing to be the best they can be through our Rep program? If the answer is 'yes', then we're doing our job.



“Both of my children have thrived in the Rep program at Oakville Soccer Club, with Veronica now playing at youth international level. The club has played a huge role in helping them continue to achieve their goals through soccer by focusing on the coaching and development they need, when they need it.”

Mary Bosco

Mother of OSC rep team players Veronica (15) and Frank (13)

Treating Players As Individuals, Not As Teams

Unlike other Rep programs, at OSC we don't see a Rep A player, or a Rep B player, or a Rep C player. We simply see players. Young people - all of whom are developing at different rates.

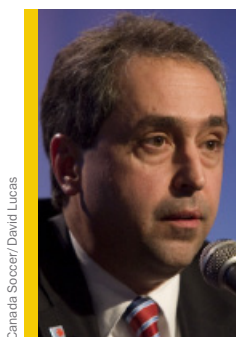
So our program treats all our players individually too! At key developmental age groups, our Rep C players are as important to us as a top prospect on a Rep A team.



From U11-U14 our Rep players in each age group will all train together in the same year-round training program¹. They are coached as a collective group by the entire age group Rep coaching team headed by a professional Age Group Head Coach.

Winter training is also offered for an expanded Rep A squad from age groups U15-U18, coached directly by the respective Age Group Head Coach.

We only select A, B and C teams in the spring, when it is required for summer league play. This way, your child will be afforded the maximum amount of time over fall/winter to grow, develop and be properly assessed by qualified coaches before being selected for a specific team for summer league play.



Canada Soccer/David Lucas

“Oakville Soccer Club is a true leader in youth development in Canadian soccer. With the quality of training program design and coaching excellence we are seeing being built into the club, I have no doubt the club will continue to produce top talent that will play an important role in our national team programs into the future.”

Peter Montopoli

General Secretary, Canadian Soccer Association

¹Winter training is not offered to U15 – U18 ‘B’ and ‘C’ squads or U21 squads for facility capacity reasons

Training Curriculum Designed By The Best, Endorsed By The Best

At Oakville Soccer Club, our Rep program is based on the principles of Long Term Player Development (LTPD). LTPD is a framework that outlines modern thinking on the development of young soccer players. In embracing it, you can be confident that the training regime put in place by the club is supported by the most up-to-date understanding of sport science, sport medicine and sport psychology to develop young people's soccer skills with minimal injury or distress.

Your child's training curriculum is personally designed by the club's Technical Director Jason de Vos. As a former elite soccer player, Jason knows what it takes to train a top player! So you can have confidence that the skills that your child is trained in are the right skills, at the right time in their development.

You'll receive your child's training program at the beginning of each training term, so you'll know what your child is being trained in each week. Help them practice the skill they are learning that week in the garden or park! We'll give you some fun drills and tips for you to do so. It's all part of your child's enjoyment of growing up with sport that you'll love being a part of.



“Own The Podium strongly supports the adoption of Long Term Player Development principles in youth soccer development. Oakville Soccer Club’s technical programs fully embrace this important developmental philosophy.

This will ensure that potential elite athletes who come through the club’s programs will have the opportunity to unlock their full potential.”

Alex Baumann

CEO, Own The Podium

Structured Year-Round Training to Fast Track Player Development

At Oakville Soccer Club, our Rep program isn't just a summer league program. It's a year-round integrated player development program that extends beyond summer and beyond the pitch. Divided into fall/winter and summer terms, our Rep program combines skills development and game play with off-pitch physical development programs to develop the movement, balance and strength of an athlete and help prevent injuries.

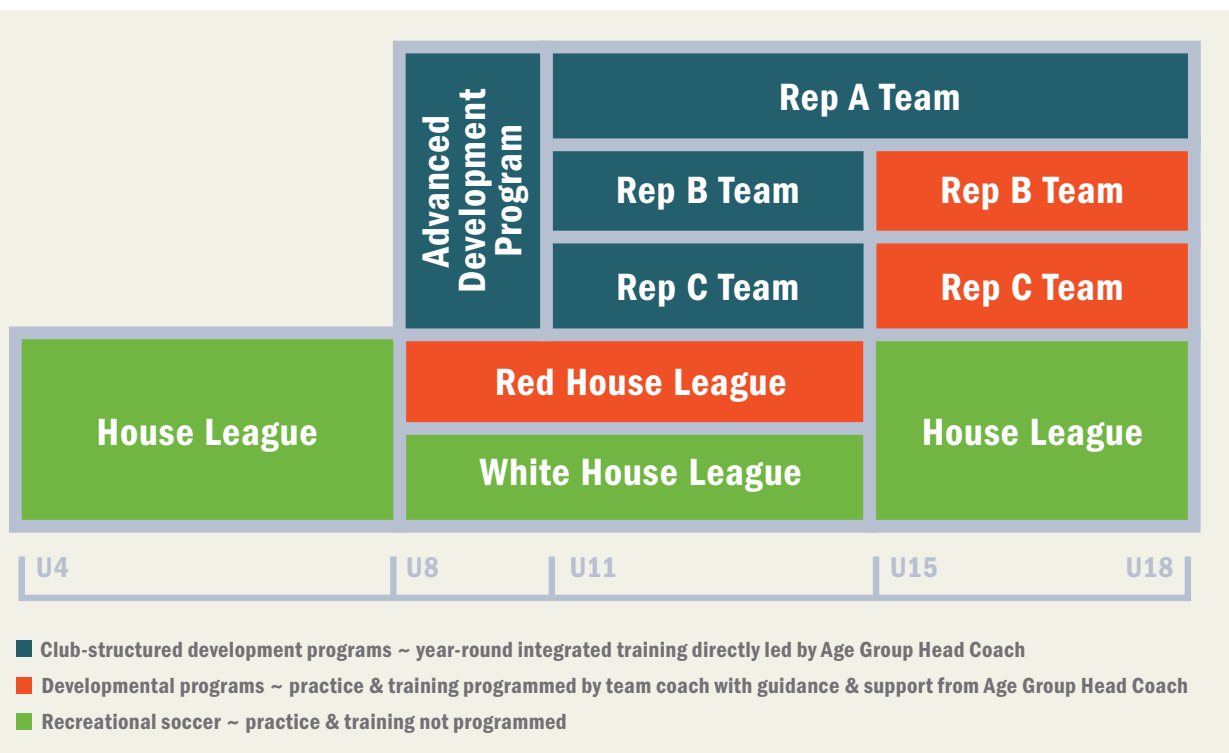
Fall/winter training is indoors at the club's impressive state-of-the-art Pine Glen Soccer Centre and focused primarily on skills development. When the program moves outdoors in the summer and your child engages in structured league play to support their skills development, you will notice how much they have developed compared to the kids who haven't played over the winter.

It's all part of providing the best possible Rep program to give your child the support they deserve to achieve their soccer goals and dreams.



Clear And Consistent Player Assessments To Help You Understand Your Child's Development

At OSC, your child will receive a quarterly formal assessment. This won't be a 'tick and flick' piece of paper that gives you no real information! As a Rep program participant, your child will be carefully assessed throughout the training term by their coaches, and also their Age Group Head Coach.



Every three months, you'll receive your child's assessment via web-based technology that shows you your child's progress along consistent and clear development criteria that you will know about in advance.

Delivered straight to your inbox, you can study this assessment at a time and place of your choosing and have the option to lodge enquiries or clarifications to the assessing coach online, or through a sit-down meeting. Its new, its cutting edge and it's what you should expect from Oakville Soccer Club!



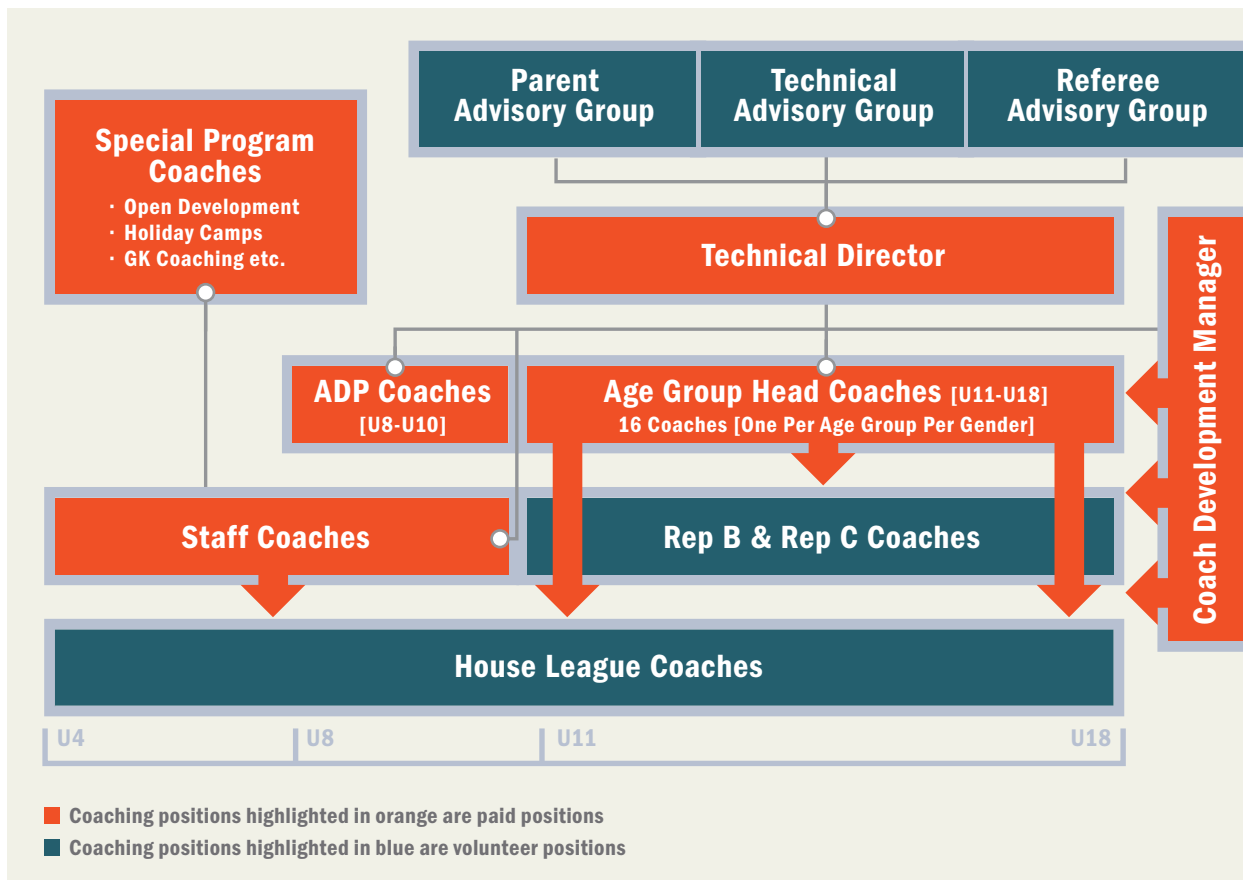
“As our former club captain, Jason de Vos knows what it takes to become a successful professional soccer player. As such, I have no doubt that the program designed for youth development at Oakville Soccer Club will give the Club's top talent the opportunity to develop the core skills needed to progress and pursue a professional soccer career.”

Paul Jewell
Manager, Ipswich Town FC

An Expert Coaching Team To Maximize Players' Potential

Oakville Soccer Club's coaching faculty is among the best in Canada. Under the leadership of former national team captain and twenty year soccer professional Jason de Vos, we employ professional head coaches to oversee the development of players within each age group and gender from U11 to U18.

In addition to being well qualified, these coaches are selected because they are passionate about the age group they are working with, and are skilled in doing so! At OSC, you'll always have a professional head coach who you KNOW is focused solely on your child's age group and gender, who you can confidently direct questions to.



Head coaches of our younger age groups understand what is needed to develop children at these important ages. Head coaches of our older youth age groups can teach more advanced game tactics and are selected to work with the club's Technical Director to showcase top talent to scholarship-granting universities and professional soccer clubs.

From start to finish, your child will be managed by the best, so they can achieve their best.



A Bold New Commitment To Coach Development

To develop our players, we must have the best coaches. And this doesn't just mean recruiting top professional coaches. It's really about providing the best training and development possible to our volunteer coaches.



We're one of the few clubs that employ a full-time professional Coach Development Manager, whose sole responsibility is to make ALL of the club's coaches better.

In doing so, we're building the most comprehensive club-based coach development system in the country and aim to be a recognized centre-of-excellence in coach development! We run (and pay for) coaching courses for our coaches to attain their coaching qualifications and have introduced a mentorship program to ensure that every coach at the club can develop and improve.

The beneficiary of this? YOU!

Better trained coaches means better coaching! And with the best coaching on offer across the whole Rep program, you can confidently trust Oakville Soccer Club to provide the coaching that will maximize your child's soccer development, as they mature from year to year.



“We are committed to providing the best possible training and development opportunities for all our coaches. With skilled, well trained coaches, we can be very effective in developing our young players.”

Rafael Carbajal

Coach Development Manager, Oakville Soccer Club

Fees & Schedules

Age Group	Fall/Winter Fee	Summer Fee
U11	\$600	\$645
U12	\$600	\$645
U13	\$650	\$645
U14	\$700	\$650
U15*	\$850	\$650
U16*	\$850	\$650
U17*	\$850	\$650
U18*	\$850	\$650
U21**	-	\$520



* Fall/Winter program is only available for Rep A squads due to facility capacity limitations

** No Fall/Winter program is available for this age group

At Oakville Soccer Club, your Rep fees include:

- ▶ Bi-annual, regular training, inclusive of field rental, coaching costs and training equipment (as designated by OSC)
- ▶ Goalkeeper coaching (run as part of the regular training program)
- ▶ Online quarterly player assessments through Zoom Reports
- ▶ CSA/OSA/PHSA player registration fees
- ▶ Applicable League fees (SRSL, OYSL, OWSL, OSL)
- ▶ Team referee fees
- ▶ Training and Rep kit (excluding soccer boots and accessories)
- ▶ Preferential pricing on further OSC team wear items, as available through Absolute Soccer
- ▶ *TeamSnap* web-based team management software
- ▶ Access to discounts and promotions available through OSC sponsor loyalty program
- ▶ Access to a first rate training facility at the Pine Glen Soccer Centre

Training schedules are specific to each age group. For more information regarding your specific age group's schedule, please visit oakvillesoccer.ca and click under 'Rep League' or call Cindy McConachie, Technical Programs Coordinator at 905 849 4436 [ext. 4446].

Want To Know More?

For more information, including details on specific training drills and program design, contact us here at the club at 905 849 4436 and speak to staff coaches Ian Sinclair [ext. 4453] or Chris Grierson [ext. 4447]. Alternatively, visit our website at oakvillesoccer.ca and click on 'Player Development'.