

OAKVILLE SOCCER CLUB TEAM BEVERAGE/SNACK ROTATION LIST



<u>Game #</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>Beverage/Snack Assignment (Name)</u>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12*				
13				
14				

*U4 – U6 season is 12 weeks in length; U7 – U18 season is 14 weeks in length

Beverage/Snack Guidelines

The Oakville Soccer Club promotes healthy snack choices and requests that parents/guardians and coaches adhere to the following guidelines when planning their beverage/snack:

- Ensure you bring a beverage and/or snack for each player on the team
- Check for food allergies/sensitivities at the beginning of the season to ensure no players are left out
- Provide a healthy, non-carbonated beverage
- Provide healthy, nut-free snacks
- Notify your coach if you are unable to/decline to provide the beverage/snack on your assigned week

Please note: Participation in the snack/beverage program is voluntary, however all parents/guardians and coaches are encouraged to participate a minimum of once per season.