



**YOUTH OUTDOOR HOUSE LEAGUE
MANUAL
AGES U4 – U18**

Revised February 2019

OSC Youth Outdoor House League Manual

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Welcome to the Oakville Soccer Club's 2019 Outdoor House League Season!

Players and Parents,

Welcome to the Oakville Soccer Club's 2019 Outdoor House League season. Whether you are a returning player or new to the Club, we are very excited for you to be part of the summer season.

In working towards another great season, the Club continues its commitment to excellence through the development of a new 2019-22 Strategic Plan. This plan, to be released later this year, will feature specific areas of focus for the Club that will ensure that our valued members receive a positive soccer experience as players, parents, coaches, convenors, match officials or community stakeholders.

The Oakville Soccer Club continues its commitment to ensuring the satisfaction of its membership through new and improved program offerings for the Youth Summer Outdoor House League season. One of our key product offerings this summer is the new Ultimate House League program which features a weekly game with a volunteer coach, and a weekly training session with a certified and paid staff coach. Additionally, parents are able to select between two training day options in order to accommodate busy schedules. OSC also continues to ensure that it meets the needs of all members through our special development programs which include the Open Development Program, Li'l Oscars and Breaking Barriers.

In ensuring that our volunteers continue to develop while enjoying their experience at OSC, the Club has dedicated additional resources including its new Coach Certification Program. This certification, the first of its kind in Ontario, is provided to its coaches through an online portal which provides each coach with the opportunity to hone their knowledge of the game in a learning-friendly environment. Once completed, the coach is then provided with a certificate signifying their completion of the program.

In terms of player development, OSC prides itself on ensuring growth in our players through the stages of Ontario Soccer's Long Term Player Development matrix. From the youngest soccer stars working on their physical literacy skills in the Active Start program, to the U13+ Soccer for Life players participating in OSC's annual INARIA Cup tournament, Club staff and coaches are proud and excited to see players of all ages developing their love for the beautiful game.

On behalf of the Board of Directors and staff of the Oakville Soccer Club I would like to thank all of you for being part of the Oakville Soccer Club's 2019 Summer House League program. We wish you all a fantastic season and look forward to seeing you on the pitch.

Sincerely,



David Harris
Executive Director

HOUSE LEAGUE FORMAT

OSC implements Long Term Player Development formats which allows for smaller sided games, more touches on the ball, and a better experience for all players. U4-U12 House League participants receive a uniform, soccer ball, team photo, 14 games (12 for U4/U5/U6), and celebrate their season at a festival day for their age group where they are awarded medals/trophies. U13 & U14 House League Participants receive a uniform, ball, 14 games and take part in the 2019 INARIA Cup Tournament. U15 - U18 House League participants receive a uniform, 14 games and take part in the 2019 INARIA Cup Tournament.

AGE GROUPS

OSC's House League is arranged by age groups and divided into male and female teams. These programs are offered to support the Canadian Soccer Association's Wellness to World Cup Long Term Player Development Strategy.

U4-U5 Active Start

Active Start is a program with the objective of getting children moving and keeping them active. A facilitator will run the activities and games with the assistance of the volunteer parent coaches. No competitive games shall be played – the objective is for adults and children to play together informally. The children being active, together, with a well-known family member will give them a sense of security and safety, and as such enhance their first group soccer experience.

The physical literacy curriculum provides the opportunity for players to learn basic fundamental movement skills such as running, jumping, twisting, throwing, and catching. The technical requirements are not about teaching the techniques of soccer. They are to encourage children to enjoy becoming friends with the ball. They can experience the following through fun and imaginative games: running with the ball, stopping and changing direction with the ball, dribbling, kicking and shooting.

All teams will participate in an end-of-season Festival where each player will receive a medal/trophy and celebrate the season with a final game provided by OSC and corporate partners.

U6 FUNDamentals

At U6 players will begin to follow a basic soccer curriculum to learn and improve their ABC's (Agility, Balance and Coordination) with the ball. A facilitator will run the activities and games with the assistance of the volunteer parent coaches. Coaches will create a stimulating learning environment where the atmosphere is about freedom and fun.

Learning to understand the movements going on around them is a critical skill to be developed at this age. Playing small-sided games, 3v3, etc. can develop a player's ability to read what others are going to do (the play) based on their movements. Coaches should let their players make decisions, expose them to working out problems and finding their own solutions.

All teams will participate in an end-of-season Festival where each player will receive a medal/trophy and celebrate the season with a final game provided by OSC and corporate partners.

U7-U8 FUNdamentals

The FUNdamentals stage continues at these age groups as players are encouraged to develop within a small-sided game environment. The role of the coach is to facilitate as well as create a learning environment where players are allowed to play and learn the game for themselves. The focus at this stage is on continued development of physical literacy and recognition that individual technical development is paramount.

Certified Game Leaders will be provided for U7 and U8 games. The role of the Game Leader is to supervise and encourage the children to play the game correctly, while making it a fun learning environment for the players.

Coach Mentors will be responsible for supporting and mentoring Volunteer House League Coaches. Under the guidance of the Technical Department, all Coach Mentors will provide feedback, direction and assistance to ensure volunteer coaches are successful in their role.

All teams will participate in an end-of-season Festival where each player will receive a medal/trophy and celebrate the season with a final game provided by OSC and corporate partners.

U9-U12 Learn to Train

At the Learn to Train stage, the coach's role is important as he or she becomes one of the player's role models. At these ages players want to learn creative skills. Skill demonstration from the coach is very important as the players learn best by example. Players are now moving from the self centred to self critical phase and they have a higher level of self awareness during training. This is an important time to teach basic principles and to establish training ethics and discipline. Repetitions in training are important to developing technical excellence, but creating a fun and challenging environment is essential to ensure development. All teams will participate in an end-of-season Festival where each player will receive a medal/trophy and celebrate the season with a final game provided by OSC and corporate partners.

U7 –U12 Ultimate House League

Ultimate House League players will enjoy one game and one training session per week throughout the 14 week season. All training sessions will be facilitated by a certified and paid OSC Staff Coach who will help players enhance their soccer skills. Games and training sessions are conducted in line with [Long Term Player Development](#).

U13 – U18 Soccer for Life

At the Soccer for Life stage within the house league program, players participate to enjoy the game, to stay fit and to play soccer with their friends. The team creation process also known as the Blind Draft, will see all the coaches in the age group coming together to create teams that are as equal in ability as possible. Once all teams are formed, each coach will be assigned a team at random.

HOUSE LEAGUE RULES

The Oakville Soccer Club Youth Outdoor season is governed by general league rules as well as rules specific to each age group. Coaches, players and parents are encouraged to become familiar with the General League Rules as well as the rules pertaining to their age group.

[General League Rules \(All Age Groups\)](#)

[Active Start \(U4-U5\)](#)

[FUNdamentals 3v3 \(U6\)](#)

[FUNdamentals 5v5 \(U7-U8\)](#)

[Learn to Train 7v7 \(U9-U10\)](#)

[Learn to Train 9v9 \(U11-U12\)](#)

[Soccer for Life 11v11 \(U13+\)](#)

[INARIA Cup Tournament Rules \(U13-U18\)](#)

Competition Rules

House League soccer is based on [FIFA Laws of the Game](#) with specific adjustments to accommodate age and skill levels.

Long Term Player Development Matrix

<p style="text-align: center;"><u>Active Start (U4 – U5)</u></p> <p>Players on Team: 6 Game Format: Fun Activities & Games & 3v3 Ball Size: 3 Goalkeepers: No Scores: No Field Size: 22 yds by 18 yds Goal Size: Pop Up Goal Coach: Volunteer & OSC Facilitator OSC Lead Facilitator Session Time: 50 minutes U4 Session Consists of: Warm-up: 5 minutes Physical Literacy: 25 minutes Technical Development: 0 minutes Small Sided Games: 20 minutes U5 Session Consists of: Warm-up: 5 minutes Physical Literacy: 15 minutes Technical Development: 10 minutes Small Sided Games: 20 minutes</p>	<p style="text-align: center;"><u>FUNDamentals (U6)</u></p> <p>Players on Team: 6 Game Format: Fun Activities & Games & 3v3 Ball Size: 3 Goalkeepers: No Scores: No Field Size: 22 yds by 18 yds Goal Size: Pop Up Goal Coach: Volunteer & OSC Facilitator OSC Lead Facilitator Session Time: 50 minutes U6 Session Consists of: Warm-up: 5 minutes Physical Literacy: 5 minutes Technical Development: 15 minutes Small Sided Games: 25 minutes</p>
<p style="text-align: center;"><u>FUNDamentals (U7-U8)</u></p> <p>Players on Team: 10 Game Format: 5v5 Ball Size: 3 Goalkeepers: Yes Game Leaders: Yes Scores: No Field Size: 36 yds x 22 yds Goal Size: 5 ft x 10 ft OSC Field Ambassador Coach: Volunteer Game Time: 10 min. warm-up 2 x 20 min. halves 5 min. halftime 5 min. cool down Ultimate House League training available</p>	<p style="text-align: center;"><u>Learn to Train (U9 – U10)</u></p> <p>Players on Team: 14 Game Format: 7v7 Ball Size: 4 Goalkeepers: Yes Match officials: Yes Scores: No Field Size: 55 yds x 36 yds Goal Size: 6.5 ft x 12 ft Coach: Volunteer Game Time: 10 min. warm-up 2 x 25 min. halves 5 min. halftime 5 min. cool down Ultimate House League training available</p>
<p style="text-align: center;"><u>Learn to Train (U11 – U12)</u></p> <p>Players on Team: 16 Game Format: 9v9 Ball Size: 4 Goalkeepers: Yes Match officials: Yes Scores: No Field Size: 55 yds x 36 yds Goal Size: 6.5 ft x 12 ft Coach: Volunteer Game Time: 10 min. warm-up 2 x 30 min. halves 5 min. halftime 5 min. cool down Ultimate House League training available</p>	<p style="text-align: center;"><u>Soccer for Life (U13 – U18)</u></p> <p>Players on Team: 18 Game Format: 11v11 Ball Size: 5 Goalkeepers: Yes Match officials: Yes Scores: Yes Field Size: Full Goal Size: Full Coach: Volunteer Game Time: U13 & U14 - 10 min. warm-up 2 x 40 min. halves 5 min. halftime 5 min. cool down U15/U16 & U17/U18 - 10 min. warm-up 2 x 45 min. halves 5 min. halftime 5 min. cool down</p>

REGISTRATION

Player Registration

Each player must properly complete registration (online or in person) by the registration dates for each season (summer, fall & winter). These dates are publicized on [OSC's website](#).

Separate registration is required for the outdoor (summer) and indoor (fall/winter) seasons. Space is limited per age group and gender. Registration for OSC's other programs such as [Open Development](#) or [P.A. Day, March Break and Summer camps](#) are also available online for returning players.

Returning Players are players who have played in the previous outdoor and/or indoor season with Oakville Soccer Club. Returning players can [register online](#) if a profile exists.

Returning Non-Oakville Resident Players - Reside outside of the Town of Oakville, yet have played in the previous outdoor and/or indoor season. Player can [register online](#) if a player profile exists.

New Players - Oakville Residents - Reside in the Town of Oakville but have never played with OSC. Players **must** provide proof of age (e.g. birth certificate, passport, health card, driver's license etc) in order to be rostered onto a team. Registration can be done by visiting the Pine Glen Soccer Centre.

New Players - Non-Oakville Residents - Reside outside of the Town of Oakville and have never played with OSC. Players **must** provide proof of age (e.g. birth certificate, passport, health card, driver's license etc) in order to be rostered onto a team. Registration can be done by visiting the Pine Glen Soccer Centre.

If registering online, all waivers must be read and accepted by the player (or parent/guardian) as it contains important declarations, consents and waivers of rights. Proof of age is required on initial OSC registration, after a lapse in registration, or at the request of the Club.

Players (and their parents) are required to keep their contact information current and their e-mail address up to date. This is important as OSC uses e-mail as the primary form of contact.

House League Out-Of-Town Residency Fee

A \$10.00 out-of-town residency fee will be applied to all program registrants who do not reside within the Town of Oakville.

Fees, Fee Assistance Program & Refunds

Full payment of fees is required upon registration. A \$25 charge is levied for any cheque returned by the bank.

OSC recognizes the importance of all residents having an equal opportunity to access soccer programs and enjoy the many benefits that participation brings. Financial assistance to qualified applicants is available for most programs. Please see the [Fee Assistance Policy](#) and [Fee Assistance Application Form](#) for more information.

The Oakville Soccer Club Refund Policy provides refunds (less an administration fee) up until 14 days prior to the start of the season. Once it is within the 14 days window prior to the start of the season,

refunds are not permitted. Applications for refunds due to player injury are handled on a case-by-case basis by OSC and require supporting medical documentation. Please see OSC's [Refund Policy](#) for more information.

Privacy Policy

Players' personal information is stored on a stand-alone system which resides on a secured and dedicated server. No other use is made of players' information except as provided for in the [Player Registration Waiver](#).

EQUIPMENT

All Youth Outdoor House League players registering with OSC are provided with a jersey, shorts, and socks. Those in the U4 to U13/U14 age groups are provided a practice soccer ball. All players must wear their team uniform at games. If a player is not wearing the appropriate uniform, he/she will NOT be allowed to play. It is at the discretion of the match official or Game Leader to decide if a substitute jersey is acceptable. In addition, all players must wear shin guards covered by the socks and all players must wear appropriate footwear.

Players must wear their jerseys for the duration of games and practices. When two of the same colour teams are scheduled to play each other, the coach of the home team is required to sign out a set of pinnies from OSC the day prior or on the day of the game; the pinnies must be returned within 48 hrs. Under no circumstances is a "shirts vs. skins" game allowed.

Players and Coaches must comply with [FIFA Law 4 'Players Equipment'](#). Players must not wear jewelry, a medical support device (such as, but not limited to, a hard cast, splint or brace), or any other equipment which, in the opinion of the match official, may cause injury to other players or themselves. Religious headwear is permitted provided it does not pose a hazard to the wearer or other players. The match official's decision is final in all matters relating to the player's equipment.

CONVENORS

Convenors are responsible for their assigned age group (division). The convenor will work as a liaison between coaches, parents, OSC and the staff coach, in addition to assisting with scheduled activities and events by the Oakville Soccer Club.

Duties & Responsibilities:

- Attend convenor meetings and training sessions as scheduled by the Oakville Soccer Club.
- Ensure each team is assigned a coach by following up with coaching applicants and asking for volunteers through registered player lists (if necessary).
- Take part in the pre-season Coaches' Kick Off for designated age group to meet coaches and assist with the hand out of coaches' packages (see Calendar of Events for dates).
- Confirm and enter game scores from coaches for age group/division (U13+).
- Act as a liaison between coaches and OSC for distribution of information, upcoming events, schedule changes, etc.
- Liaise between coaches, parents and OSC when necessary regarding, but not limited to, concerns, match official attendance, field conditions, etc.
- Attend award presentations for their designated age group at end of season events.

- Collect all player evaluations for designated age group and send copies to the Club (U7-U18).
- Submit feedback or attend end of season feedback session.
- Display a clear understanding of and adherence to OSC Vision, Mission and Values as set in the OSC Strategic Plan as well as in the Principles and Policies related to House League program.
- Communicate with the Youth House League and Special Programs Coordinator on any issues requiring assistance.

Restrictions:

- May not be involved as a team official/club official with another club.
- Must sign Conflict of Interest and Confidentiality Agreement as convenors have access to sensitive and personal information.
- Cannot coach and convene in the same age group and gender.

Skills & Qualifications:

- Strong organizational and communication skills.
- Ability to meet deadlines and complete tasks in a timely manner.
- Computer knowledge and access to Word, Excel and Internet/Email.
- Ability to be fair-minded and exercise good judgment.

COACHES

OSC House League coaches are all volunteers. There is no formal soccer or coaching experience is necessary to volunteer to coach House League. Those who are interested in becoming a House League coach must fill out a [volunteer application form](#). A current Vulnerable Sector Screening Check is required for all coaches 18 years and older.

Coaches must be at least 15 years of age and must be at least 3 years senior to the age group they are coaching. For example, if you are 15 years of age, the oldest age group you can coach is U12. Any coach under 18 must be accompanied by a guardian at all times and must include the guardian's information on the coaching application.

If you are coaching in the U4 – U6 age group, you can select up to 6 players for the team. If you are coaching in the U7 – U18 age group, you can select up to 3 players including all coaching staffs' children.

Qualifications

1. All Youth House League Coaches are required to complete OSC's Coach Certification Program. Depending on the age group you are coaching, there are different modules that need to be completed. More information on the program can be found [here](#).
2. U11 – U18 coaches have been mandated by Ontario Soccer (OS) to complete the Respect in Sport Certificate. OSC does ask for exemplary commitment, communication, skill development and fair play from all coaches. OSC offers coaching development opportunities to coaches of all levels through online tools, in-house coaching education sessions, and coaching courses through Ontario Soccer.

House League Volunteer Coach Role/Expectations:

- Coach one game per week for the duration of the season
- Create a fun and enjoyable experience for the participants
- Instruct soccer skills as set out by OSC
- Introduction of team skills (Mini-Soccer)
- Introduce positional play and individual roles on the team (U13+)
- Encourage self-confidence and individual skill development through positive reinforcement
- Introduce and encourage the concepts of fair play and good sportsmanship.
- Attend Coach Information Session, Coaches' Kick-Off and any other coaching clinics as mandated by OSC's Technical Department.
- Communicate with parents (i.e. practice/game times, refreshment schedule and other OSC related events)
- Knowledge of and adherence to the OSC's Code of Conduct
- Ensure parents and players abide by the OSC's Code of Conduct
- Complete game sheets prior to the game (where required).
- Distribute player equipment as issued by the OSC
- Deposit will be required for equipment loans such as corner flags, pinnies, net etc.
- Be prepared to act as the match official if the scheduled match official or Game Leader does not show up
- Ensuring player safety is paramount. This includes complying with all rules in regards to player's equipment.
- Keep accurate records as mandated by the OSC
- Complete and send player evaluation forms to OSC as required (U6+)
- Be a positive role model by treating all players, parents and officials with respect.
- Be appropriately dressed with INARIA clothing supplied.
- U13 + coaches must submit games scores to age group convenor within 24hrs after a game.
- U11 – U18 coaches have been mandated by Ontario Soccer to complete the Respect in Sport Certificate.

Coach Registration and Assignment to Teams

OSC coaches must be properly registered on an official OSC registration form. Each coach must provide a valid Vulnerable Sector Screening. Vulnerable Sector Screenings are valid for two years and coaches can be reimbursed if the original copy is issued to the Oakville Soccer Club. The Oakville Soccer Club provides a check list of pre-season/post-season activities as a reminder for all coaches.

Conduct

- The Rule of Two applies as coaches should never be alone with a player.
 - When an OSC Coach, Volunteer Coach, Assistant Coach or Manager is in a potentially vulnerable situation with any OSC player (example - locker room or meeting room), another OSC Coach, Volunteer Coach, Assistant Coach, Manager or the parent/guardian of the player(s) must be present.
 - In any one-on-one situation with any OSC player, there must be a Coach, Assistant Coach or Manager of the same gender present, or the player's parent/guardian must be present.
- Coaches are not responsible for player transportation to and from practice and games.
- Coaches are not responsible for providing water and snacks for players.

Coach Development

The Oakville Soccer Club is committed to developing its volunteers. OSC offers in-house training sessions, and online material for House League Coaches. OSC also works closely with Ontario Soccer in regards to coaches' training. For any questions regarding OS Coaching courses please contact OSC's [Director of Coach Development](#).

OSC strongly urge all coaches from U4 – U10 age groups to take the Respect in Sport online course through Ontario Soccer's website. All OS coaching courses are available for registration through their website, www.ontariosoccer.net. Cost varies depending upon the level of course.

Oakville Soccer Club House League Player Evaluation Process

Ages U6 – U18

At the end of each season, all volunteer coaches in the U6 – U18 age groups are expected to complete a Player Evaluation Form for each player on their team. There are three different evaluation forms based on the age group:

- [U6-U7](#)
- [U8-U12](#)
- [U13-U18](#)

These evaluations help the Club, convenors and coaches create balanced teams, allow players to advance their skills and level of play, and help players' future coaches identify their strengths and development areas.

Each player is evaluated using a five tier system:

- (1) Beginner:** a player who is starting to learn and apply the basics of the game.
- (2) Developing:** a player who is below the usual or ordinary standard.
- (3) Average:** a player who has qualities that are typical of the majority of players in the age group.
- (4) Competent:** a player whose skills set is superior than other players and can make a difference at any given time.
- (5) Excelling (used in U8-U12 age groups only):** a player who stands out from the other players and is considered as one of the top players in the league based on skill and physical literacy.

As a volunteer coach your evaluation of an Excelling player will be reviewed and we encourage that before you use Excelling, we recommend personally attending the Excelling level of your age group. Please contact the [Director of Coach Development](#) for more information.

FACILITIES/FIELDS

Fields utilized for Youth Outdoor House League games are assigned by the Oakville Soccer Club. [Field maps](#) are available on OSC's website.

OSC has the authority to make field changes, cancel and/or reschedule games at any time. It is the responsibility of each participant to check the latest House League Schedules on the Club website for rescheduling information. In the event of rain, the Town of Oakville may deem the fields unplayable.

OSC will post any closures on the website no later than 3pm. The Town of Oakville weather hotline can be reached at 905-338-4395.

Use of fields without a Town permit may result in sanctions against the offenders from both the Oakville Soccer Club and the Town of Oakville.

Practice Fields – U13+

If you would like to rent a field for practice, please contact Victoria Jacobs, Scheduling Coordinator, at 905-849-4436 ext. 4429 or at vjacobs@oakvillesoccer.ca.

Please note the following when renting practice fields:

1. All parents/guardians on your team must agree to the rental & charges associated with renting that facility.
2. The field rental is to be utilized for OSC practices ONLY. Participants must be registered with the OSC to be on the field (e.g. parent/player games are not permitted).
3. Coaches wishing to rent the Pine Glen's indoor fields during the season, can contact David Zanic, Facility Manager at dzanic@oakvillesoccer.ca for bookings.

Field Use Expectations

When visiting one of the Town's parks or recreation facilities, coaches, parents and players are asked to ensure that vehicles are parked properly to avoid any fines and in consideration for neighborhood residents. An additional reminder to all spectators attending games, that the Town also has an Anti-Idling By-law.

Please be respectful of the conditions of the field. When leaving the premises please ensure all garbage is thrown out and personal belongings are taken.

Urinating or defecating on or near the fields is strictly prohibited and violates Town by-laws. Please use the public washrooms available at the parks. Consumption of alcoholic beverages on and around the adjacent areas of all fields is not allowed by either participants or spectators under any circumstances. Smoking is strictly prohibited on any Town property.

Please review the Town of Oakville's Acceptable Use of Town Facilities information by [clicking here](#).

INJURIES

Any injuries sustained in House League team activities must be reported immediately on an [Incident & Injury Report Form](#). This form must be submitted to the Director of Operations, [Lynn Joiner](#), at the Oakville Soccer Club within 24 hours of the injury/incident to ensure compliance with Club and OS insurance requirements. All players are covered by the [Ontario Soccer Insurance Program](#) as long as they are participating in OS sanctioned activities. To file a claim, you must fill out the [Accident Claim Form](#).

Players must be medically fit to play soccer before returning from an injury. The player's health and fitness must be paramount in establishing when a player can return from injury. The player, a parent, or the team staff may veto any decision to return to playing or practicing.

First Aid/Medical

- If a child is injured during a House League session or game, the player's parents are to be contacted and the child released into the care of a parent.
- Match officials can call upon coaches/team officials to provide assistance in emergencies. Coaches can remove injured players from the field if it is safe to do so. Otherwise, players should not be moved until EMS help arrives. If in doubt, injured players should not be moved.
- Coaches should not attempt to treat the injury unless they have proper medical first aid training.
- Coaches are not authorized to administer any drugs and must ask the injured player for permission to assist them prior to doing so.
- Parents are responsible for obtaining medical opinions. Parents must show proof that a player can resume play if requested by OSC.

CALL 911 IMMEDIATELY IN THE CASE OF A MEDICAL EMERGENCY

OSC CONCUSSION/RETURN TO PLAY PROTOCOL

What is a concussion?

A concussion is a neurologic injury which causes a temporary disturbance in brain cells that comes from and is the result of an extreme acceleration or deceleration of the brain within the skull. The common misconception is that you must be hit in the head to cause a concussion injury – this is not true! Because a concussion is the result of acceleration or deceleration of the brain, a concussion can happen with a significant blow to anywhere on the body, provided sufficient acceleration/deceleration is transmitted to the brain tissue, head or face, there may be no other visible signs of a brain injury. It can cause changes in the brain that may not be seen in a CT scan or X-Ray. Balance, reaction time and cognitive skills can also be impacted.

A player showing any signs/symptoms as listed on the Pocket Concussion Recognition Tool or as listed in OSC's Concussion/Return to Play Protocol must be removed from play immediately. All Coaches/Trainers are required to be familiar with the use of this tool and follow the Club's protocol without question. The player is not to re-enter the game or practice.

OSC's Concussion/Return to Play Protocol must be adhered to by all coaches, players and parents at all times.

[Click here to view OSC's Concussion/Return to Play Protocol.](#)

PLAYING CONDITIONS

It is the responsibility of the House League team coach, as well as the game match official, to inspect game and practice fields and report any hazardous conditions or other facility issues to OSC as soon as possible.

Match officials and coaches are required to follow the [CSA Lightning Safety / Severe Weather Policy](#) at all times to ensure the safety of the players and others at games and practices.

Decisions regarding game cancellations due to inclement weather are at the discretion of the coaches for age groups U4 – U6 and match officials for U7+. OSC does not guarantee that games will be rescheduled due to weather conditions. In addition, refunds may not apply.

DISCIPLINE

Discipline is administered in compliance with OS policies and [OSC Discipline Procedures](#). This includes policies governing sideline behaviour as detailed in the [OSC Friendly Fan Policy](#).

Discipline for game-related misconduct by players and team officials are administered by an independent OS sanctioned discipline panel using OS Discipline by Review (DBR) or Discipline by Hearing (DBH) process.

Where the OS policies require Discipline by Hearing (DBH), all parties required to attend will be given notice to attend in accordance with OS policy and will be advised of their rights to see the report against them and their rights to bring witnesses and/or an adviser or to request a postponement of the hearing.

The league may also choose to carry out a hearing into any matter, regardless of whether or not it has been passed through the Discipline Committee.

Misconduct is usually reported by the match official but can also be reported through a letter of complaint to Discipline Coordinator which, after investigation, may result in discipline charges. Any such complainant must be willing to be identified and to appear at any subsequent discipline hearing.

Please click [here](#) to familiarize yourself with the OS's Discipline Policy.

Appeals

Appeals of OSC discipline decisions are made to the Peel-Halton Soccer Association in accordance with the Rights of Appeal which will be provided with all DBH decisions (DBR discipline decisions cannot be appealed).

Protests

Where protests are permitted, these are made in accordance with the OSC's [Outdoor Rules](#). Note: Protests regarding interpretation of FIFA Laws of the Game by the match official will not be accepted.

CODES OF CONDUCT & ORGANIZATIONAL POLICIES

The Oakville Soccer Club has clear expectations for the behaviour of all parties involved in Club sponsored soccer in the community. Please view each policy and code of conduct in its entirety.

Child Protection Code of Conduct

The Oakville Soccer Club has developed the following Child Protection Code of Conduct to guide our employees/volunteers in their interactions with children. The safety, rights and well-being of children we serve are at the core of OSC's daily programs. The Oakville Soccer Club nurtures supportive relationships with children while balancing and encouraging appropriate boundaries.

The Oakville Soccer Club is committed to ensuring all children are protected and safe. A Code of Conduct is an important part of creating safe environments for children. The safety, rights and wellbeing of children participating in our programs is a priority in the daily operations of the Oakville Soccer Club. The intent of the Code of Conduct is to guide the Club's staff and volunteers in developing healthy relationships with the children involved in sport programs delivered by OSC, and to model appropriate boundaries for children.

[Click here to view OSC's Child Protection Code of Conduct.](#)

OSC Anti-Bullying Policy

The Oakville Soccer Club is committed to providing a caring, friendly and safe environment for all of our members so they can participate in soccer in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at OSC. If bullying does occur, all children and parents should be able to openly communicate the situation and know that any and all incidents will be dealt with promptly and effectively. OSC is an open club. This means that anyone who knows that bullying is suspected or happening is expected to notify the club immediately.

[Please click here to view the full OSC Anti-Bullying Policy.](#)

Fair Play Code of Conduct

The Fair Play Code covers players, coaches, match officials and parents, and the Code of Conduct applies to the same parties on and around the soccer field. The Code of Conduct provides the principles by which everyone associated with OSC must comply. Failure to comply may result in disciplinary action that could result in the termination of membership of a player and/or coach or termination of employment of a match official.

[Please click here to view the Fair Play Code of Conduct.](#)

Friendly Fan Policy - Parents/Spectators

Parents and spectators are subject to [OSC's Friendly Fan Policy](#) governing sideline conduct as well as by the Town of Oakville's [Rzone zero tolerance operating procedure](#). In addition, OSC follows all municipal

by-laws. Individuals who engage in any unacceptable behaviour, as defined in this procedure, may, depending on the severity, be barred immediately from the premises and if necessary, suspended for a period of time.

The Oakville Soccer Club subscribes to the [Harassment Policy](#) as published and approved by Ontario Soccer. The Harassment Policy applies to all employees, directors, officers, volunteers, coaches, game officials, administrators, players, and registrants of OSC. Those wishing to file a complaint are asked to do so directly with Ontario Soccer. Inappropriate behaviour by match officials, coaches, players and spectators must be reported using the [Incident Report Form](#).

OSC Serious Occurrence Policy & Reporting Procedure

The Oakville Soccer Club's goal is to provide a positive soccer experience for all stakeholders involved with the Club. Even with a dedicated leadership team, generous volunteers, and hard-working staff there are sometimes occurrences of a serious nature that need to be addressed formally and promptly by the Club.

OSC takes situations in which someone is offended, made to feel uncomfortable, intimidated, or are put in a precarious position very seriously, as these situations can often be very upsetting and affect the relationship between those involved and the Club.

The Oakville Soccer Club is committed to hearing, investigating and ensuring proper action is taken in the event of a serious occurrence. This policy has been created to outline the serious occurrence reporting process to address situations where an unwelcome conduct or communication creates an intimidating, hostile or offensive environment.

To view OSC's Serious Occurrence Policy and reporting procedure, please [click here](#).

Good Neighbour Policy – Town of Oakville

Implemented by the Town of Oakville, the Good Neighbour policy is a procedure for managing inappropriate behavior by permit holders – sports organizations, teams, players or residents – who are using the town's sports fields. The disciplinary procedure details are as follows:

- Inappropriate behaviour including aggressive or bullying behaviour, foul language, public urination, littering, smoking, drinking alcohol on public property, or leaving field lights on after play is finished can now be reported online through a new [Inappropriate Behaviour Reporting Form](#).
- Reported incidents involving permit holders will be investigated within five business days. If the details are confirmed, disciplinary action will be taken within 10 days. Penalties can include a verbal and/or written warning, \$150 fine, permit suspension or termination of permit, depending on the severity of the incident and any prior violations. If town staff is unable to confirm the complaint or accurately identify the offenders, no action will be taken, but the report will be kept on file.
- Permit suspensions can be appealed within 14 days. New evidence must be submitted along with a fee of \$250. Appeals will be reviewed by a panel chaired by the commissioner of Community Services. If the appeal is successful, the suspension will be lifted and the fee will be refunded in full.

SPONSORSHIP

OSC's Sponsorship Program helps to reduce the overall cost of registrations fees. OSC encourages all players and their families to support all the Club's sponsors. As an OSC sponsor, you are able to request your own child and an additional player request for your team(s).

All House League team sponsorships are approved by OSC's Director of Corporate Sponsorship. Team officials and/or parents are not permitted to seek or accept additional sponsorship or engage in independent fund-raising activities for their House League team. Independently created team websites for House League teams are only permitted with written permission from OSC.

Anyone interested in becoming an OSC sponsor should complete a [team sponsorship form](#). For additional information, please contact Joy Pearson, Director of Corporate Sponsorships at 905-849-4436 ext. 4433 or jpearson@oakvillesoccer.ca.

OAKVILLE SOCCER CLUB STAFF CONTACTS

[Click here to view the full Oakville Soccer Club Staff Directory.](#)

House League Contacts OSC Main Phone Line: 905-849-4436			
Dave Harris	Executive Director	dharris@oakvillesoccer.ca	Ext. 4444
Chris Grierson	Senior Technical Director	cgrierson@oakvillesoccer.ca	Ext. 4447
Nick Vetro	House League & Special Programs Coordinator	nvetro@oakvillesoccer.ca	Ext. 4459
Gareth Davies	Grassroots Programs Manager	gdavies@oakvillesoccer.ca	Ext. 4453
OSC Client Services		info@oakvillesoccer.ca	Ext. 4440

HOUSE LEAGUE FORMS

- [Game Sheet](#)
- [Incident/Injury Report](#)
- [Insurance Claim Form](#)
- [Team Beverage & Snack Rotation List](#)
- [U6 - U7 House League Player Evaluation Form](#)
- [U8 - U12 House League Player Evaluation Form](#)
- [U13 - U18 House League Player Evaluation Form](#)

HELPFUL LINKS

OSC HOUSE LEAGUE RULES

- [Active Start & FUNdamentals \(U4-U6\) Rules](#)
- [FUNdamentals \(U7-U8\) Rules](#)
- [Learn to Train \(U9-U10\) Rules](#)
- [Learn to Train \(U11-U12\) Rules](#)
- [Soccer for Life \(U13+\) Rules](#)
- [INARIA Cup Rules](#)
- [General House League Rules](#)

OSC POLICES

- [Anti-Bullying Policy](#)
- [Child Protection Code of Conduct](#)
- [Club News](#)
- [Coach & Manager Code of Conduct](#)
- [Coach Emergency Action Plan](#)
- [Coaching Resources - House League](#)
- [Concussion Return to Play Protocol](#)
- [Discipline Policy](#)
- [Fair Play Code of Conduct](#)
- [Fee Assistance Policy](#)
- [Friendly Fan Policy](#)
- [Open Development Program](#)
- [Refund Policy](#)
- [Registration Waiver](#)
- [Rule of Two Policy](#)
- [Serious Occurrence Policy](#)
- [Volunteer Opportunities](#)

OSC WEBSITE LINKS

- [Coach Certification Program](#)
- [Employment Opportunities](#)
- [Field Maps](#)
- [Grassroots Weekly Session Plans](#)
- [Match Official Information](#)
- [Oakville Wild Soccer Camps](#)
- [OSC Organizational Policies](#)
- [Sponsorship Information](#)
- [Volunteer Opportunities](#)

EXTERNAL LINKS

- [Canada Soccer](#)
- [Canadian Centre for Child Protection Inc. Guidelines for Adults Interacting with Children in Sport](#)
- [Canadian Centre for Child Protection Inc. Reporting Sexual Abuse and Misconduct](#)
- [Canadian Centre for Child Protection Inc. Steps for Reporting Inappropriate Conduct](#)
- [Canadian Centre for Child Protection Inc. Steps for Reporting Child Abuse](#)
- [CSA Wellness to World Cup](#)
- [FIFA Laws of the Game](#)
- [Halton Regional Police Department - Police Check](#)
- [Ontario Soccer](#)
- [Ontario Soccer Accident Insurance Policy](#)
- [Ontario Soccer Discipline Policy](#)
- [Town of Oakville - Rzone](#)
- [Town of Oakville - Good Neighbour Policy](#)