

OAKVILLE SOCCER CLUB

2020-21 OPDL PROGRAM

U13 – U15 (2008-2006) PROGRAM OUTLINE



Annual Cost	<ul style="list-style-type: none"> • \$ 3950.00
Registration/Payment Inclusions	<ul style="list-style-type: none"> • Ontario Soccer registration (includes player insurance) • One size five (5) soccer ball • Note: Uniform package must be purchased at an additional cost if needed.
First Installment	<ul style="list-style-type: none"> • Fee of \$1800.00 due by October 30th, 2020. • Begins week of November 9, 2020 • No indoor refunds after October 23, 2020 as it is within 14 days of the program start date. Please review OSC's Refund Policy here. • Failure to register and pay the fees by the deadline will result in forfeit of placement in the program.
Second Installment	<ul style="list-style-type: none"> • Fee of \$2150.00 due by January 29, 2021. • Program ends September 30, 2021 • Failure to register and pay the fees by the deadline will result in forfeit of placement in the program.
Program Administration	<ul style="list-style-type: none"> • Chris Grierson – Senior Technical Director
Coaching	<ul style="list-style-type: none"> • One Head Coach per gender • One Assistant Coach per gender • One Goalkeeper Coach • One Strength and Conditioning Coach • One Sports Psychologist
Pine Glen Indoor Turf Training (November-May)	<ul style="list-style-type: none"> • Two (2) x 1 hour sessions per week • Schedule TBD
Futsal (November-May)	<ul style="list-style-type: none"> • One (1) x 1 hour session per week • Schedule TBD
Strength & Conditioning (November – September)	<ul style="list-style-type: none"> • One (1) x 1 hour session per week • Schedule TBD
Outdoor Turf/Grass (April – September)	<ul style="list-style-type: none"> • Three (3) x 1.25-hour sessions • Location/Days/Times TBD
Sports Psychologist	<ul style="list-style-type: none"> • Two (2) team sessions indoor / two (2) team sessions outdoor
Goalkeeper Training November to May - Indoors May to September - outdoors	<ul style="list-style-type: none"> • One (1) session per week during scheduled team training • One (1) session per week dedicated GK training
More Information	<ul style="list-style-type: none"> • www.opdl.ca
Requirements	<ul style="list-style-type: none"> • All participants must complete their registration and accept the Informed Risk and Assumption of Risk Agreement, the Declaration of Compliance waiver, and the Release of Liability waiver, as well as agree to the OSC Return to Play Plan before participating. • All players, parents, guardians, spectators, staff and coaches must adhere to the requirements and expectations outlined in OSC's Return to Play Plan. A zero-tolerance policy for non-compliance is in place. Refunds will not be issued for non-compliances • Any and all instances of contact or contraction of COVID-19 must be reported as per OSC's Emergency Action Plan as outlined in the OSC's Return to Play Plan.

**Information contained in this document subject to change at the discretion of Oakville Soccer Club at any time*