

OAKVILLE SOCCER CLUB

2021-22 OPDL PROGRAM

U13 (2009) PROGRAM OUTLINE



Annual Cost	<ul style="list-style-type: none"> • \$ 4298.00
Registration/Payment Inclusions	<ul style="list-style-type: none"> • Ontario Soccer registration (includes player insurance) • Note: Uniform package must be purchased at an additional cost prior to the outdoor season. Information will be emailed once it is available.
First Installment	<ul style="list-style-type: none"> • First installment of \$1999 due by October 13th, 2021. • Second Installment of \$2299 due by January 31st, 2022 • Program Start Date: Week of October 25th 2021 • Program End Date: Week of October 24th 2022 • No refunds after registration as it is within 14 days of the program start date. Please review OSC's Refund Policy here. • Failure to register and pay the fees by the deadline will result in forfeit of placement in the program.
Coaching	<ul style="list-style-type: none"> • One Head Coach per gender • One Assistant Coach per gender • One Goalkeeper Coach • One Athletic Development Coach • One Sports Psychologist
Pine Glen Indoor Turf Training (October-May)	<ul style="list-style-type: none"> • Two (2) x 1.25 hour sessions per week • Schedule TBD
Futsal (October-May)	<ul style="list-style-type: none"> • One (1) x 1 hour session per week • Schedule TBD
Athletic Development	<ul style="list-style-type: none"> • One (1) 1.5 hour session (indoor) • One (1) session per week during team training (outdoor)
Outdoor Turf/Grass (May – October)	<ul style="list-style-type: none"> • Three (3) x 1.25-hour sessions • Location/Days/Times TBD
Sports Psychologist	<ul style="list-style-type: none"> • Two (2) team sessions indoor / two (2) team sessions outdoor
Nutrition	<ul style="list-style-type: none"> • Two (2) team sessions per year
Goalkeeper Training October to May - Indoors May to October - outdoors	<ul style="list-style-type: none"> • One (1) session per week during scheduled team turf training • One (1) session per week dedicated GK training
MSA	<ul style="list-style-type: none"> • Game Filming (outdoor league games)
More Information	<ul style="list-style-type: none"> • www.opdl.ca
Requirements	<ul style="list-style-type: none"> • All participants must complete their registration and accept the Informed Risk and Assumption of Risk Agreement, the Declaration of Compliance waiver, and the Release of Liability waiver, as well as agree to the OSC Return to Play Plan before participating. • All players, parents, guardians, spectators, staff and coaches must adhere to the requirements and expectations outlined in OSC's Return to Play Plan. A zero-tolerance policy for non-compliance is in place. Refunds will not be issued for non-compliances • Any and all instances of contact or contraction of COVID-19 must be reported as per OSC's Emergency Action Plan as outlined in the OSC's Return to Play Plan. • Please refer to OSC's Proof of Vaccination Requirements & Procedure here.

**Information contained in this document subject to change at the discretion of Oakville Soccer Club at any time*