

# OAKVILLE SOCCER CLUB 2021-22 OPDL PROGRAM

## U14 (2008) PROGRAM OUTLINE



<b>Annual Cost</b>	<ul style="list-style-type: none"> <li>• \$ 4098.00</li> </ul>
<b>Registration/Payment Inclusions</b>	<ul style="list-style-type: none"> <li>• Ontario Soccer registration (includes player insurance)</li> <li>• Note: Uniform package must be purchased at an additional cost prior to the outdoor season. Information will be emailed once it is available.</li> </ul>
<b>First Installment</b>	<ul style="list-style-type: none"> <li>• <b>First installment of \$1899 due by November 17<sup>th</sup>, 2021.</b></li> <li>• <b>Second Installment of \$2199 due by January 31st, 2022</b></li> <li>• <b>Program Start Date: Week of November 22nd 2021</b></li> <li>• <b>Program End Date: Week of October 24<sup>th</sup> 2022</b></li> <li>• No refunds after registration as it is within 14 days of the program start date. Please review OSC's Refund Policy <a href="#">here</a>.</li> <li>• Failure to register and pay the fees by the deadline will result in forfeit of placement in the program.</li> </ul>
<b>Coaching</b>	<ul style="list-style-type: none"> <li>• One Head Coach per gender</li> <li>• One Assistant Coach per gender</li> <li>• One Goalkeeper Coach</li> <li>• One Athletic Development Coach</li> <li>• One Sports Psychologist</li> </ul>
<b>Pine Glen Indoor Turf Training</b> (October-May)	<ul style="list-style-type: none"> <li>• Two (2) x 1.25 hour sessions per week</li> <li>• Schedule TBD</li> </ul>
<b>Futsal</b> (October-May)	<ul style="list-style-type: none"> <li>• One (1) x 1 hour session per week</li> <li>• Schedule TBD</li> </ul>
<b>Athletic Development</b>	<ul style="list-style-type: none"> <li>• One (1) 1.5 hour session (indoor)</li> <li>• One (1) session per week during team training (outdoor)</li> </ul>
<b>Outdoor Turf/Grass</b> (May – October)	<ul style="list-style-type: none"> <li>• Three (3) x 1.25-hour sessions</li> <li>• Location/Days/Times TBD</li> </ul>
<b>Sports Psychologist</b>	<ul style="list-style-type: none"> <li>• Two (2) team sessions indoor / two (2) team sessions outdoor</li> </ul>
<b>Nutrition</b>	<ul style="list-style-type: none"> <li>• Two (2) team sessions per year</li> </ul>
<b>Goalkeeper Training</b> October to May - Indoors May to October - outdoors	<ul style="list-style-type: none"> <li>• One (1) session per week during scheduled team turf training</li> <li>• One (1) session per week dedicated GK training</li> </ul>
<b>MSA</b>	<ul style="list-style-type: none"> <li>• Game Filming (outdoor league games)</li> </ul>
<b>More Information</b>	<ul style="list-style-type: none"> <li>• <a href="http://www.opdl.ca">www.opdl.ca</a></li> </ul>
<b>Requirements</b>	<ul style="list-style-type: none"> <li>• All participants must complete their registration and accept the <a href="#">Informed Risk and Assumption of Risk Agreement</a>, the <a href="#">Declaration of Compliance</a> waiver, and the <a href="#">Release of Liability</a> waiver, as well as agree to the <a href="#">OSC Return to Play Plan</a> before participating.</li> <li>• All players, parents, guardians, spectators, staff and coaches must adhere to the requirements and expectations outlined in <a href="#">OSC's Return to Play Plan</a>. <b>A zero-tolerance policy for non-compliance is in place. Refunds will not be issued for non-compliances</b></li> <li>• Any and all instances of contact or contraction of COVID-19 must be reported as per OSC's Emergency Action Plan as outlined in the <a href="#">OSC's Return to Play Plan</a>.</li> <li>• Please refer to OSC's Proof of Vaccination Requirements &amp; Procedure <a href="#">here</a>.</li> </ul>

*\*Information contained in this document subject to change at the discretion of Oakville Soccer Club at any time*