



LI'L OSCARS PROGRAM OUTLINE

PLAYERS BORN IN 2018-2020

2021 FALL INDOOR SEASON

Program Fee	<ul style="list-style-type: none">• \$190/player
Registration Inclusions	<ul style="list-style-type: none">• OSC fees & Ontario Soccer registration/player insurance• 10-week season• One (1) x 45-minute session per week• One (1) participant shirt
Day/Time/Location <i>All sessions will take place on the indoor turf at the Pine Glen Soccer Centre</i>	<ul style="list-style-type: none">• Tuesdays: 5:00pm – 5:45pm • October 12 – December 14• Wednesdays: 5:00pm – 5:45pm • October 13 – December 15• Sundays: 9:00am – 9:45am or 10:00am – 10:45am • October 17 – December 19
Program Description	<p>The Li'l Oscars program is a physical literacy program that introduces and works to develop the movement mechanics required for sport – running, jumping, starting, stopping, kicking, throwing, etc. This program is intended to prepare players for sport through play-based activities.</p> <p>This program focuses on the fundamentals of movement skills for soccer, preparing players for the U5 Active Start Program in Canada Soccer LTPD model; please note that this is not a team or league-based soccer program.</p>
Program Format 2019-2020 players	<p><u>Players born in 2019/2020</u></p> <ul style="list-style-type: none">• OSC Li'l Oscars Staff Facilitators will lead physical literacy, skill-based activities (running, kicking, throwing, etc.)• 5-minute warm up activity followed by 35- minutes of topic-based activities as a group or individual, culminating in a 5-minute cool down activity• Please note, this is a parented program – a parent must be on the field participating with the player at all times.
Program Format 2018 players	<p><u>Players born in 2018</u></p> <ul style="list-style-type: none">• Li'l Oscars Staff Facilitators will lead a warm up and a 30-minute physical literacy activity. Each session will culminate in a 15-minute modified game within their group• 3 v 3 game formats (no goalkeeper)• No scores, no standings• Please note, this is a parented program – a parent must be on the field participating with the player at all time
Registration/Payment Information	<ul style="list-style-type: none">• All registrations must be completed online here.• Full payment of fees is required in order to reserve a spot in the program.• Refunds will not be issued for the 2021 Fall Program after September 28th, 2021. OSC's Refund Policy is available at www.oakvillesoccer.ca. Players not residing in Oakville are subject to a \$10 out-of-town fee.

**Information contained in this document subject to change at the discretion of Oakville Soccer Club at any time*